



Helen Virginia Sappenfield

February 4, 1917 - January 14, 2017

Helen Southwood Sappenfield passed away on January 14, 2017 at the age of 99, 3 weeks short of her 100th birthday at Buckner Parkway Place nursing home in Houston, Texas.

Helen was born in Sullivan, Indiana on February 4, 1917. In the early 1940s she moved to Washington, D.C. where she met and married Keith Sappenfield of Lyons, Indiana on March 7, 1947. Helen and Keith settled in Kensington, Maryland where she practiced as a registered nurse at Georgetown University Hospital until she and Keith both retired in 1970s. Helen and Keith together had four children: Keith (Poleteme of Detroit, MI living in Houston, Texas), Eric (Mary of Corpus Christi, Texas living in Waco, Texas), Susan (Harry Coon of Barth, FL) and Lynellyn of Kensington, MD.

Helen is survived by her four children, five grandchildren, seven great-grandchildren and two great-great-grandchildren. Helen was predeceased by husband, Keith, one grand son, Jacob Reed, and her brothers and sisters; Oma Collins, Lois McMickle, Olan "Gene", Shirel, Issac and Bob Southwood.

She was a member of the Kensington Baptist Church while in living in Kensington, Maryland and after returning to Sullivan, Indiana was a parishioner at the First Christian Church on N Broad Street. She was also a member of the Order of Eastern Star of Indiana for over 75 years. She enjoyed reading, painting, and visiting with her family.

The family would like to thank the staff of Harbor Care unit at Buckner Parkway Place for their tender loving care of our mother.

Graveside memorial service next to her husband, Keith, is planned for Sullivan, Indiana in the Spring of 2017. To honor Helen's memory, the family suggests a donation to a pet charity or the donor's favorite charity in her name.

"When someone you love becomes a memory, the memory becomes a treasure." – Author

Unknown.

Comments



“ My deepest sympathies go out to you and your family. May Jehovah God (Psalms 83:18) give you the peace that you seek. May you come to Jesus for spiritual truth that safeguards you. Jesus invites us to come to him for refreshment and protection from the burdens and anxieties of our daily life.—Matthew 11:28, 29.

PW - January 18, 2017 at 08:18 PM