



Fritz Henry Holmstrom

September 14, 1983 - December 29, 2012

Fritz Henry Holmstrom was born in San Antonio, Texas on September 14, 1983. He passed away in Houston, Texas on December 29, 2012. He loved his family deeply: his parents Fritz Richard and Suzanne Holmstrom, his sisters Bonnie and Kathryn Holmstrom; his grandparents Henry and Bonnie Hood; his aunts and uncles Margie and Mote Baird and Jim and Jennifer Disney; his cousins Caroline Decherd, Bill Baird, Anne Campbell, and Michael Baird and extended family; and his dearest friend Stephanie Leib.

Henry graduated from Alexander Smith Academy, and attended Whittier College in California prior to transferring to the University of Houston where he studied geology. He had a big heart, and made friends everywhere he went. He was blessed in return with the love of many good friends, and enjoyed fabulous adventures with close ones in the outdoors. Henry loved hiking, camping and learning about all of creation. He was a swimmer from birth, loved the water, was on swim teams, going on to coach his local swim team and found himself saving several lives. He then was inspired by his love of cooking to become a caterer and chef, working with Scottie and Nathan Campbell.

We're reminded of Henry when we are in the kitchen, where his passion for life, family and loved ones could truly manifest. Those of us who knew Henry well can recall him whirring about the burners, stirring, whisking, chopping, slicing, sautéing, but mostly tasting. When Henry was cooking, anyone in the vicinity, and sometimes Henry's vicinity included adjacent rooms, were very

often met with a spoon under the nose, something delicious (and usually ridiculously complicated to make) wafting up in a flurry of steam. He beamed; "Hey, taste this!" His eyes would light up while he told you about every ingredient, every process, and his chest swelled with pride and so would ours. In life, Henry loved new experiences and meeting new people. People, travel, and adventure were a constant undercurrent in his life. In honor of his love of the ocean, some of his ashes will be scattered in Hawaii; and in celebration of his favorite mountain climb, more ashes will be scattered at the top of Upper Ice Lakes in the San Juan Mountains of Colorado. In the recognition of his love of all of the people in his life, we will be holding his Memorial Gathering at Dettling Funeral Home, 14094 Memorial Drive at Kirkwood, on Sunday January 6, 2013 from 5-8 pm. Everyone who knew or loved Henry is invited and will have a chance to share stories, memories or feelings publicly about Henry, offer condolences to his family, and, what would have been most important to Henry, talk, listen to music, and eat good food.

Previous Events

Memorial Gathering

JAN 6. 5:00 PM - 8:00 PM (CT)

Dettling Funeral Home
14094 Memorial Drive
Houston, TX 77079
(281) 497-2121
david@dettlingfuneral.com

Tribute Wall



“ *Fritz Henry Holmstrom*

October 08, 2023 at 10:52 AM



“ *Fritz Henry Holmstrom*

October 06, 2023 at 01:12 AM



“ *Fritz Henry Holmstrom*

October 05, 2023 at 09:45 AM



“ *Fritz Henry Holmstrom*

October 05, 2023 at 01:54 AM



“ *Missing you buddy . Nate and I will have a few drinks in your memory this weekend.*

Adam - December 28, 2018 at 10:48 AM



“ *So sorry to hear about Henry. We send our condolence. God bless. Dale and Karen*

Dale Demastus - May 27, 2013 at 09:51 PM

JU

“ I'm at a loss. Henry was an old friend of mine that I had hoped to see on Facebook, and I got his obituary instead. It's very shocking to hear about, especially after all this time, but I'll never forget the times we shared as friends.

Juan - May 10, 2013 at 01:35 AM

LF

“ Latrice Free lit a candle in memory of Fritz Henry Holmstrom



Latrice Free - January 09, 2013 at 03:22 PM

UG

“ Life will never be the same without you Henry. You were a brother too me and I will always cherish all the incredible experiences we had together. We had both good and bad times, but through it all you were always a true friend, always there for me. I'll never forget your generous nature. It felt like you would do anything to make sure we always had a good time and you always had a smile on your face, it was contagious. I love you man. Be at peace...

Uriah I Giroux - January 09, 2013 at 03:32 AM

JS

“ I will miss hanging out with you Henry. You were such a nice and awesome friend.

Jonathan Schroeder - January 06, 2013 at 06:51 PM

MI

“ *Missing you terribly man. You were a great friend and had such a huge heart!*

Take care and Peace be with you and your family.

Michael - January 06, 2013 at 03:47 PM

AB

“ *You were a good friend Henry, you always had a smile on your face and was a kind person. I really can't describe how I feel right now and feel at a loss. I was blessed to have you as a friend. Thank you for saving my life....*

Andrew Brader - January 06, 2013 at 03:23 PM

SL

“ *Sally Leath lit a candle in memory of Fritz Henry Holmstrom*



Sally Leath - January 05, 2013 at 10:22 AM



“ *Celestial Love was purchased for the family of Fritz Henry Holmstrom.*



January 04, 2013 at 11:09 PM

MB

“ *This photograph captures Henry's gentle soul, his happy smile and kind eyes; this will always be the way we will remember him. Margie and Mote Baird, San Antonio, Texas*

mote baird - January 04, 2013 at 03:20 PM

CZ

“ *Dear Holmstroms, Hoods, and Disneys,
I was so sorry to read of the loss of your beloved Henry. My thoughts and prayers are with you. May he rest in peace.
Carolyn Zaskoda*

Carolyn Zaskoda - January 04, 2013 at 10:50 AM

JH

“ *Words cannot describe how sorry we are for your loss. Please know that we are here for you whenever you need us. Joanne and Francois Hindlet*

Joanne Hindlet - January 03, 2013 at 03:26 PM